

INTERVIEW SELF-ASSESSMENT

After the interview you should evaluate your own performance while the details are still fresh in your mind. Think over the following questions critically without being too hard on yourself and identify where you could improve for the future.

- Did I arrive in plenty of time?
- Did I get off to a good start?
- Was I relaxed but alert?
- Was I well enough prepared so that my answers were clear without seeming rehearsed?
- Did I maintain eye contact?
- Was I surprised by any questions?
- Did I ramble, or were my answers concise and to the point?
- Was I aware of my impact on the interviewer(s)?
- Did my questioning follow on comfortably and logically from the interviewer's conversation?
- Did I leave out any important information which would have improved my chances of selection?
- In what frame of mind do I think the interviewer(s) closed the discussion?
- Did I show the interviewer real interest and energy?
- Do I know what is the next step in their selection procedure and when?
- Did I have a list of Referees if requested?